

LIGHT BRIGHT NUMEROLOGY
FULL PERSONAL REPORT

PREPARED BY KAITLYN M ELO

JOANNA LEA GAINES

BORN

JOANNA LEA STEVENS

ON

APRIL 19, 1978

11

22

5

6

9

33

1

2

7

8

4

3

9

INTRODUCTION



BIRTH CODES & SOUL CONTRACTS

In the numerological tradition, we choose our birthdays and birth names before we are born. We determine what lessons we want to work on and types of experiences we want to call forth, then write that into our birth codes.

All numbers have vibrations and all vibrations produce predictable results. Your birth code is written into the day and name you were born into. The study of both elements reveals your soul's contract and can help you skillfully navigate life.

YOUR CHART

"THE CREATIVE COMMUNICATOR/ THE SUPER-SENSITIVE CREATIVE"

Core Numbers

Life Path- 3
Expression- 6 --> 11/2
Soul Urge- 6 --> 2
Birthday- 1(19)

Sub-Elements

Month- 4
Year- 7

Adjuvant Numbers

Secret Self- 9
Challenge- 3
Conflicts- 6 --> NONE
Growth- 1
Maturity- 5
Spiritual- 6
Material- 1

Karmic Numbers

Lessons- 7, 8, 9
Debts- 1(19)

Life Cycles

Formative- 4
Productive- 1
Harvest- 7

2019

Universal- 3
Personal- 8
Essence- 7

NAME

JOANNA LEA STEVENS
TO
JOANNA LEA GAINES

Your full name contributes 50% of the vibrational energy in your birth code. The name you were given at birth was known by the Universe prior to your birth and determined the abilities and yearnings with which you were born. Your name is also the only part of your code that can be changed (marriage, name change, etc.). Therefore, it is possible to call in different energies that should be considered before any name change.

Expression- 6 to 11/2

Your Expression number holds the abilities you chose to help you on your Life Path. This represents who you are- your specific personality traits. Yours has changed from your natal 6 to your married Master 11/2 energy. The 6 is all about the hearth

and home, in both the physical and emotional sense. Cultivating love and domestic stability reigns supreme here, though so do creating beauty and achieving justice. This is a magnetic and nurturing energy, and your protective instincts likely were magnified under this energy, attracting others to you for advice, even when you hadn't offered any. Because you would have been able to see the end-goal/big picture so clearly, and also all the steps necessary to get there, you may have taken on more responsibility than was your due. Your natal chart did hold a conflict of this energy, so you may have often had to struggle with perfectionist or overly-demanding tendencies, or (again) a tendency to unnecessarily shoulder others' burdens. The great news with a conflict is, once it is worked

through, you've worked through it for good! Plus, the anti-dote to this 6 conflict is to tap into the creative, communicative, upbeat 3 energy, which also happens to be your Life Path!

When you married, this 6 energy fell into the background and the Master 11/2 came to the forefront. The 11/2 is all about leading others with wisdom, diplomacy, sensitivity, love, and a harmonizing power. Partnership, cooperation, and upliftment are this energy's cornerstones, enabling you to communicate the ideas, truths, and positive ways of being you intuit from the Universe for others' benefit. This ability to develop a cosmic-level perspective on how people, places, ideas, and objects relate and then to utilize this knowledge to find solutions give you incredible potential to be a motivating voice for change-- whether it be in business, counseling, advertising, or any position where you can pass on your insight. The flip-side of this energy, however, is running the risk of hyper-sensitivity, uncertainty, self-doubt, self-sabotage, and even isolation. Establishing a sense of routine and stability with work in the material realm can help to alleviate these flip-side difficulties.

Soul Urge- 6 to 2

The Soul Urge represents your innermost motivations and drivers in your life. Yours has changed from your natal 6 to your married 2 energy. This responsible, maternal, nurturing 6 energy in this position indicated a striving to achieve love, balance, beauty, justice, and harmony in your life and in the world very early on! This did, of course, create a conflict with your 6 Expression in the early part of your life, again manifesting the more challenging aspects for you to work through. Under this conflict



Secret Self- 9

combination, you may have found yourself motivated to become as "perfect" as humanly possible- perhaps even beyond that! This is a double-edged sword: you may have found real success, achievement, and/or beauty in whatever you put your mind to, yet you may have trapped yourself in a game of never being good enough. It is likely you felt a need to take on way more than your share of responsibilities to prove your worth to others, as well. They may have taken this for granted, with you ending up as the unnamed, unrecognized, thoroughly frustrated martyr.

As you took on your new last name, the 2 energy came to the fore. In many senses, this is a calmer octave of the 6, in that nurturing love and the cooperation with others remains a theme. The 2 pares this down to a focus on one-on-one dynamics, however. This is the diplomatic energy, the mediator, the harmonizer. There is such an abundance in your chart of yin energy (sense of beauty, intuition, a need for peaceful surroundings) that working in a home-based business suits you well. You are well equipped to do so successfully!

Whereas the Soul Urge is easily recognized by you and others, the Secret Self can sometimes remain secret even to you! Your 9 Secret Self remained the same from your natal chart to your current chart, and indicates that you truly strive to find solutions to advance the greater good of others, even mankind as a whole. This is the humanitarian energy, the altruist, the social healer. You recognize the pain and suffering of others with a strong sense of empathy, and you truly want to help on a grand-scale. As a higher octave of the nurturing 6 and creative 3 energies in your natal chart, this 9 amplifies your magnetic, warm, intriguing, nurturing, and expressive presence and allows others to identify easily with you. As a result, you may find that people naturally look to you as a leader, even in situations for which you feel ill-equipped. This is a BIG driving force, and encompasses leadership, creativity, justice, beauty, communication, and devotion all in one! Find what speaks most closely to your heart in terms of how you wish to go about bettering others' lives. There are so many ways for you!

Growth- 1

The growth bears nothing but positive force to help you navigate your life's journey! This is what you must tap into and harness in order to advance and "grow" on your life's journey. Having a 1 Growth endows you with strong leadership capabilities, ambition, confidence, and independence. Those with a 1 Growth Number are typically amazing self-starters who are also bold, clever, and original in their ideas. This is a recipe for entrepreneurs and other innovators! This is also ideal aspect to have to counter the 1(19) Karmic Debt in your chart.

Karmic Lessons- 7, 8, 9

Karmic lessons are lessons leftover from previous lifetimes that have not yet been mastered. While they point to weaknesses, they also serve to give you some direction and enrich your life.

KARMIC LESSON 7

With the 7 Karmic Lesson, you may find yourself having difficulty handling your emotions. Your childhood may have created great

emotional turmoil. The lesson here is to learn to be your own critic without condemning yourself.

KARMIC LESSON 8

With the 8 Karmic Lesson, you may tend to focus on the pursuit of money and status while leaving behind valuable relationships. As a very independent and self-regulating individual, you likely hate to be micro-managed and tend to resist authority. While this lesson does involve the material side of life, it is an overall lesson in knowing your boundaries-- with how you allow others to treat you, with expenditure, and with how much work you take on.

KARMIC LESSON 9

With the 9 Karmic Lesson, you may tend to be home-centric and caring toward friends and family. The 9 lesson is about learning to view life on a larger scale--to serve humanity. This lesson brings with it opportunities throughout your life to learn altruism, tolerance, compassion, and generosity (toward strangers). There will be times when you need to sacrifice for the good of others

YOUR BIRTHDAY

APRIL 19, 1978

Your birthday contributes the other 50% of the vibrational energy in your birth code. These energies cannot be changed and are with you for life. From your birthday derive your major life lessons- what you agreed to learn by signing your soul contract before birth.

Life Path- 3

Your Life Path vibrates at the 3-- an energy all about communication, self-expression, emotional sensitivity, and finding the joy in life. You are meant to be the consummate entertainer, uplifting others with your creative flow and insights--whether that be through socializing, wit and humor, writing, music, public speaking, counseling, designing, dancing, acting, modeling, or something else. For you, life is a performance and the world is your stage.

Creativity and intuition go hand-in-hand, and you may find some of your greatest creative insights come to you at the most inexplicable times. You have a sense for how ideas, people, and situations connect and this is what feeds your creativity--taking inspiration from what is around you to re-form it all into something completely new and different! The creative essence has little to do with painting or stories, and everything to do with how you interact with and incorporate everything you learn, see, touch, hear, experience, etc. into your life. As such, you can be good at many, many different things (anything to which you put your mind)! However, having so many options of what you can do (and so many ideas constantly streaming) can lead you to be unfocused and scattered, trying to work on too many things at once!

IN ALIGNMENT...

When you are aligned on the 3 aspect of your Life Path, you are likely warm, imaginative, optimistic, expressive, kind, and funny. You have an eye (and ear) for beauty, whether you put that to use in the "traditional" creative sense or not. It is this skill (seeing the beauty in life, itself) that allows you to navigate a crisis better than any other energy, and also helps you to bring your ideas to life, whether that be in an artistic, business, academic, or domestic sense--there are no bounds for you!



OUT OF ALIGNMENT...

When out of alignment, you run the risk of being superficial, insecure, unsocial, and unfocused. Self-doubt and depression may creep in suddenly, and lead you on a bit of an emotional rollercoaster. You may try to hide your feelings out of fear that others see right through you, though this fear actually results from being overly critical of yourself. Remember, hiding your emotions doesn't make them go away, and these unresolved feelings can create ill-health. As a 3 Life Path, your emotions are intended to lead you, so let go and let them!



ADVICE...

You are on a path of cultivating creativity, expression, joy, and pleasure in this life! This is also a highly intelligent path, whereby you can take a lot of information, identify patterns, and re-work it into something new. Your emotional sensitivity may feel like it's both a blessing and a curse - you are prone to move quickly between high-highs and low-lows. In fact, you are like a sponge in your environment, often adopting the feelings of people around you and losing track of what was yours to begin with. Between others' emotions and then creative insights and ideas constantly coming at you, you may find yourself to be scattering your own energy. The best anti-dote to this is to create a harmonious domestic life the foundation from which you can launch any endeavor.

Sub-Lesson- 1(19)

The Sub-Lesson is the second most important lesson you came here to learn. Your Sub-Lesson vibrates at the Karmic 1(19) energy, which is all about developing your sense of creativity and confidence in whatever you do. One thing you

must understand is you are here to follow your unique voice. You have access to innovative and creative ideas that need to be manifested into the world and you are the only one who can do it. This requires a certain amount of assertiveness, and self-reliance, on your part. As an energy ruled by fire, you are being called to take definitive action and blaze a new trail for others to follow. Yes, that means it can sometimes be arduous and intimidating. This lesson can be the school of hard-knocks, as those with this 1 energy tend to get knocked down ALOT. It may feel unfair, yet this is exactly how you are intended to learn how to develop fortitude, commitment, and tenacity to become the leader you are meant to become. Do not be afraid to "fail forward". The 19 Karmic Debt here also requires you to adopt an altruistic type of leadership, where you can advance the good of others, bringing them along through shared success.

DESTINY ENGINEERING



HOW IT ALL WORKS TOGETHER

Now that we have explored your main lessons (from your birthday) and the gifts you signed up for to assist in your lessons (from your full birth name), let's look at what you can expect at different stages of your life.

Challenge- 3

The Challenge number is what we struggle with until around the age of 21. Your Challenge was around the 3

energy. You may have struggled with starting many projects and finishing none. You may also have had the tendency to react quickly and defensively without thinking, and also had difficulty expressing yourself in a healthy and effective manner.

Formative Cycle- 4

The Formative Cycle lasts from birth until, roughly, age 30. This is your

first of 3 major life periods, and is represented by the 4 vibration. As a first cycle, this may have felt difficult and burdensome because, at an age usually concerned with fun, play, and experimentation you were, instead, required to face practical concerns and restrictions with hard work. There may have been limited resources or other confining factors pushing you to build solid foundations and learn routine and order. The practicality bent of this cycle may have delayed an ease in expressing your emotional needs, leaving this to be cultivated at a later time, though praise and affection were still needed. The emphasis on stability and self-discipline isn't especially fun for a child, yet these abilities pay off in later career successes.

Productive Cycle- 1

The Productive Cycle is the second major life period, lasting from about 30 to around 55 years of age. Your Productive Cycle is characterized by the business-oriented 1 energy. This is a fantastic cycle in which to build your own business, if that is what you want. This is also a great time to start a new career. The reigning

qualities of are self-sufficiency, drive, and independence. Your leadership qualities are sharpened and your fire lit. Your energy for action is abundant now, just be sure to also cultivate patience.

Maturity Number- 5

The Maturity Number is another major lesson that comes around later in life. People commonly face this lesson around age 45, though it is possible to reach maturity earlier or later. Yours is around the 5 energy of freedom, adaptability, and physical movement. This is your call for adventure! You may really crave change or simply tune into the physical pleasures of being alive.

Harvest Cycle- 7

The Harvest Cycle is the third and final major period, lasting from around age 55 and onward. Your Harvest Cycle vibrates at the 7 energy, so you can look forward to a final cycle characterized by the cultivation of inner peace. You may become increasingly philosophical, distilling the lessons of your life into a central thesis, with which you can guide others.

2019 TRANSITS

Universal Year- 3

Personal Year- 8

Essence- 7

In numerology, we can also examine the transits of energy experienced at any one time. There are three main aspects to this: 1) the Universal Year, 2) the Personal Year, and 3) the Essence. The Universal Year is the overarching energy under which everyone across the planet is subject, so we'll see this energy play out on the world-stage and within our personal lives (to a degree). The Personal Year represents the main influence you are, personally, to be under. You will directly experience facets of this energy throughout the calendar year, until the shift to the next energy beginning in the autumn. Then, the Essence is like a "flavor-infusion", coloring your Personal Year energy by shades specific to you. Whereas the Personal Year

is based on your birthday and the current Universal Year, your Essence is determined according to the letters in your birth name. Another note to mention is, while the Universal and Personal Years follow the calendar year, the Essence follows your year from one birthday to the next, therefore shifting on your birthday and not January 1st.

The Universal Year for 2019 brings in the 3 energy, calling us all to return to a place of stillness, love, and bliss after the tumultuous 11 energy of 2018. Through this space of inner calm, we are to create a new storyline that melds the opposing 1 and 2 energies (masculine & feminine; fire & water; ego & sub-conscious). Collectively, we can breathe a sigh of relief with this more relaxed

energy, and it is likely we'll see more generosity and positivity on a grand scale.

Within this context, you are experiencing an 8 Personal Year of material balance. You are being asked whether your money is in order, do you live with a sense of a strong personal power, are you seeing the success you want? Whatever the answers, this is "go" time! It's an action year for remedying what is out of balance (if anything) or for manifesting more money, authority, success, and healthy personal boundaries. This year only comes around once every nine years, so you must take charge of matters in your life now- it is not a time to sit back and give your power away. Given that your Essence is at the 7 energy (of analysis, introversion, and intuition) this year, the power of your mind is incredibly sharp and accurate. This also further emphasizes that you must assess all aspects of your life and see where you might be giving your power away. The 8 energy of your Personal Year reminds us that what we do or don't do or say directly contribute to our reality-- we show others how to treat us,

how much to pay us, and how important what we have to say really is. This aspect, combined with this 7 Essence is a powerful statement for you to examine this closely and change what is necessary, now! In this way, you have the power and space to call in exactly what you want.

Remember, this is all happening within the context of a 3 Universal Year. Tapping into that overarching energy of expression and joy is the center point through which you can most powerfully take charge and initiative in what you want to bring into your life! The 3 is about moving forward in a new way. Put this in the context of 're-balancing' and everything is stacked in your favor to put you back in a power position!

PERSONAL YEAR THEMES

- 1 - New Beginnings
- 2 - Patience & Planning
- 3 - Creativity & Self-Expression
- 4 - Focus & Discipline
- 5 - Expansion & Unexpected Events
- 6 - Domestic vs. Career
- 7 - Self-Reflection
- 8 - Material Balance
- 9 - Endings

UNIVERSAL YEAR, PERSONAL YEAR & ESSENCE

Calendar Year	Universal Year	Personal Year	Essence <i>(Changes on Birthday)</i>
2016	9	5	9
2017	1	6	9 --> 7
2018	11	7	7
2019	3	8	7
2020	4	9	7
2021	5	1	7
2022	6	11/2	7 --> 3
2023	7	3	3 --> 5
2024	8	4	5 --> 9
2025	9	5	9 --> 1
2026	1	6	1 --> 3
2027	11	7	3 --> 6
2028	3	8	6
2029	4	9	6
2030	5	1	6
2031	6	11/2	6 --> 11/2

This report was prepared with joy by Kaitlyn M Elo,
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